

We Don't Judge.

The Quit For Life Program meets you right where you are – we know it's hard to quit tobacco, and we understand that it often takes many attempts to succeed. Our Quit Coaches, many of whom are former tobacco users, are here to provide you with support and knowledge, not judgment.

Today is a new day. Let us help you let go of your past as a tobacco user, and embrace a healthy new you.

It's FREE. It's confidential. It works.

1.866.QUIT.4.LIFE (1.866.784.8454) | www.quitnow.net





The Quit For Life Program is brought to you by the American Cancer Society and Free & Clear. The two organizations have 35 years of combined experience in tobacco cessation coaching and have helped more than 1 million tobacco users. Together they will help millions more make a plan to quit, realizing the American Cancer Society's mission to save lives and create a world with more birthdays.